FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

'	Was	hingto	n, D	.C. 2	0549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPR	OVAL						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* METZ CRAIG				U	2. Issuer Name and Ticker or Trading Symbol UNITED COMMUNITY BANKS INC UCBI]									(Check all appointed Director) V Office		licable)	ng Pei	g Person(s) to Issuer 10% Owner Other (specify			
(Last) 1200 KOI		(Firs) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 02/12/2009									below) below) EVP					
(Street) BLAIRSV	VILLE	GA (Sta		30512-47 Zip)	55	4. If	Ame	endmer	it, Date o	f Origina	Original Filed (Month/Day/Year)					Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					on
			Tabl	e I - Noi	า-Deriv	ative	Se	curiti	es Acc	quired,	Dis	posed o	f, o	r Ben	efici	ally (Owne	ed			
in the or occurry (mounty)			2. Transaction Date (Month/Day/Year)		ır) I	2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Disposed Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4			4 and Securit Benefic Owned		ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount	(A) or (D) Pri		Price	ice Reported Transact (Instr. 3 a		ction(s)			(Instr. 4)
Common Stock																3,299.5(1)			D		
Common Stock (RSU's)																2,032(1)(2)			D		
Common Shares Issuable																1,452.8(1)(2)(3)			D		
Common Stock																9,764.8(1)			I	By 401k	
			Та									osed of, onvertib					vned				
Derivative Security Conversion Date (Month/Day/Year) if		3A. Deem Execution if any (Month/Da	n Date, Transacti Code (Ins		Instr.	n of Deri Sec Acq (A) Disp of (I (Ins	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		t		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- $1.\ Reflects\ 131/130\ stock\ dividends$ in October 2008 and January 2009.
- 2. Includes a reclassification of 762 RSU's that vested to Common Shares Issuable under the United Community Banks Deferred Compensation Plan.
- 3. Acquired pursuant to The United Community Banks Deferred Compensation Plan.

Remarks:

Lois J. Rich by Power of <u>Attorney</u>

02/13/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

KNOW ALL BY THESE PRESENTS, THAT THE UNDERSIGNED HEREBY CONSTITUTES AND APPOINTS (A) REX S. SCHUETTE; (B) THOMAS C. GILLILAND; (C) LORRAINE G. MCKAY; AND (D) LOIS J. RICH, SIGNING SINGLY, THE UNDERSIGNED'S TRUE AND LAWFUL ATTORNEY-IN-FACT TO:

- (1) Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of United Community Banks, Inc. (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) Do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such

attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, THE UNDERSIGNED HAS CAUSED THIS POWER OF ATTORNEY
TO BE EXECUTED AS OF THIS 21ST DAY OF AUGUST 2002.

/s/ Craig Metz Signature

Craig Metz

Print Name