FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APP	ROVAL
	OMB Number:	3235-0287
ı	Estimated average b	ourden

0.5

hours per response:

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* METZ CRAIG						2. Issuer Name and Ticker or Trading Symbol UNITED COMMUNITY BANKS INC [UCBI]									(Ch	eck all a Di	applic recto	able)	g Pers	on(s) to Iss 10% Ov Other (s	wner
(Last) (First) (Middle) 1200 KOLBE DRIVE							3. Date of Earliest Transaction (Month/Day/Year) 04/26/2006										elow)		VP	below)	
(Street) BLAIRSVILLE GA 30512-4755 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	S. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					2A. Deemed Execution Date,			:, T	3. 4. 5 Transaction Dis Code (Instr. 5)		Disposed	4. Securities Acquired (A) Disposed Of (D) (Instr. 3,) or 5. Amou 4 and Securiti Benefic Owned		es ally following	Form (D) o	vnership i: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership	
										Code	,	Amount	(A) or (D) Price		Price	Reported Transact (Instr. 3 a		ion(s)			(Instr. 4)
Common Stock 04/26/						/2006				A		1,000	(1) A		\$0		4,100		D		
Common Stock																	4,329.703			I	By 401k
		-	Table II -									sed of, onvertil				Own	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, Transaction of				tive ties red sed 3, 4	Expir	5. Date Exercisable and Expiration Date Month/Day/Year) Month/Day/Year) Securities Underlying Derivative Sec (Instr. 3 and 4)						8. Price o Derivative Security (Instr. 5)		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	de V (A) (D) Ex				ate Expiration cercisable Date		Title		Amount or Number of Shares							

04/26/2007⁽²⁾

Explanation of Responses:

\$28.85

- 1. 2006 Restricted Stock Units vests over four consecutive years at 25% on the anniversary date of May 31, beginning in the year 2007.
- 2. 2006 Stock Option Grants vest over four consecutive years at 25% each anniversary date.

04/26/2006

Remarks:

Option to Purchase

Common

<u>Lois J. Rich by Power of Attorney</u> <u>04/26/2006</u>

\$<mark>0</mark>

48,001

D

** Signature of Reporting Person Dat

7,000

Common

Stock

04/26/2016

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

7,000

KNOW ALL BY THESE PRESENTS, THAT THE UNDERSIGNED HEREBY CONSTITUTES AND APPOINTS (A) REX S. SCHUETTE; (B) THOMAS C. GILLILAND; (C) LORRAINE G. MCKAY; AND (D) LOIS J. RICH, SIGNING SINGLY, THE UNDERSIGNED'S TRUE AND LAWFUL ATTORNEY-IN-FACT TO:

- (1) Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of United Community Banks, Inc. (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) Do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such

attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, THE UNDERSIGNED HAS CAUSED THIS POWER OF ATTORNEY TO BE EXECUTED AS OF THIS 21ST DAY OF AUGUST 2002.

/s/ Craig Metz Signature

Craig Metz

Print Name